

Fall River Fitness Challenge Weigh-in & Challenge Schedule



April 4th ~ Fitness Challenge Day - 10am
@ Seven Hills Challenge ~ Meet at North
Park Little League Field



April 18th ~ Fitness Challenge Day - 10am
~ Field Day @ Durfee Track & Field

www.fallriverfitnesschallenge.com

Websites to checkout
www.cdrec.org
www.diabetesma.org
www.wheretheisworkout.com
www.gfrpartners.com
www.ymcasouthcoast.org

April

2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 
Weigh-In Week						
5	6	7	8	9	10	11
12	13	14	15	16	17	18 
Weigh-In Week						
19	20	21	22	23	24	25
26	27	28	29	30		
Weigh-In Week						

*All participants must weigh-in during the
scheduled week

Any questions please call:
 CD REC @ 508-679-0922
 DAI @ 508-672-5671
 Healthy City Fall River @ 508-324-2411