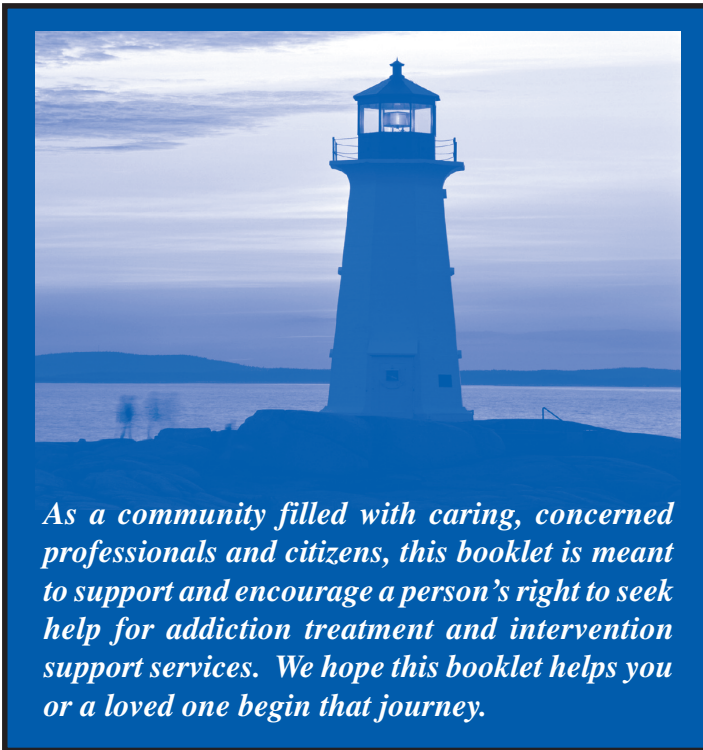


# The Greater FALL RIVER SUBSTANCE ABUSE SERVICES

## *TREATMENT RESOURCE* *“QUICK” REFERENCE*



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ADCARE  HOSPITAL

# *UNDERSTANDING THE TREATMENT PROCESS*

- 1) Recovery from addiction can be a long-term and lifelong process. This process may require multiple attempts at recovery, possibly including: hospitalizations, detox programs, inpatient and outpatient services, medical intervention and mental health support. It is important to be strong and supportive during this commitment so that lives can be transformed!
- 2) It is important to be patient when searching for services, as well as persistent and inquisitive. It is normal to ask questions to make sure you find the services that best meet your needs.
- 3) A provider will determine an individual treatment plan. Not all treatments are best for everyone.
- 4) A “Treatment Plan” identifies challenges, goals and the strategies to accomplish those goals. This plan should be coordinated with the patient, treatment provider and any support member of the patient’s personal circle.
- 5) Treatment programs are VOLUNTARY, except for those that are court ordered, also known as SECTION-35\*. (See Section-35) It is important to ask a treatment facility their policy about engaging in treatment.
- 6) SECTION-35\* A Court Ordered Treatment: A petition for “the procedure for Commitment of Substance Abusers.” Any family concerned for the health and safety of their addicted/dependent relative can go to a court clinic and present the severity of the issue. If the court deems that the individual is in danger of hurting himself or others, they will mandate that person to substance abuse treatment, legally for 30 days.

- 7) Finding treatment is the beginning of the process. It is important to realize that staying in treatment and possibly transitioning from service to service are part of the long-term commitment necessary for a person to continually engage in services.
- 8) Medical detoxification programs should also provide access to medical services and mental health services.
- 9) The usual course of treatment after detox is outpatient therapy, group/family counseling and community support (such as AA, NA, etc.)

\* In Massachusetts only

## **Possible SYMPTOMS of WITHDRAWAL:**

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### **Nausea**

<b>Vomiting</b>	<b>Cold clammy skin</b>
<b>Seizures</b>	<b>Lack of concentration</b>
<b>Insomnia</b>	<b>Bone and muscle aches</b>
<b>Lack of appetite</b>	<b>Diarrhea</b>
<b>Dizziness</b>	<b>Pinpoint pupils</b>
<b>Violent or angry outbursts</b>	<b>Nodding Off</b>
<b>Hot/Cold Flashes</b>	<b>Shallow breathing</b>
<b>Irritability</b>	<b>Goose Bumps</b>

**\*\*\*If someone appears to be overdosing, experiencing shortness of breath or chest pains, seizing, or passing out - it is IMPORTANT to call 911 to get them to an Emergency Room as soon as possible.**

## **TREATMENT PROGRAMS**

- **Assessment Counseling:** Assessment meetings can usually be scheduled by calling and requesting an appointment. A clinician or specialist will gather information about the situation, diagnose the patient and help identify and plan the most appropriate treatment method with the highest rate of success for the individual. He or she provides support and guidance to engage and educate the patient about the treatment process
- **Detox (Inpatient):** Short-term, usually 3-7 days, will alleviate or medically assist the body from the chemical dependence. Usually uses medically supervised withdrawal and most often requires a “medical clearance” of other primary concerns prior to admission
- **Rehabilitation:** Detoxification and therapeutic support program in a hospital, typically 1-2 weeks, usually covered by private insurance or self-pay; limited ‘free care’ beds available
- **Outpatient Therapy:** Many types including therapy sessions (individual, group or family,) Intensive Outpatient services (a few hours a day or 3-5 days a week), Methadone or Suboxone maintenance programs
- **Support and Self Help:** Can include AA, NA, Al-Anon, Al-A-Teen, GA

# **DETOXIFICATION PROGRAMS**

## **What to expect:**

**\*\*\*Detox programs admit patients when they are actively using and will possibly require labwork upon entering:**

- Usually require medical clearance
- Often require many phone calls so be patient!
- Be courteous and persistent!
- Have a valid license or picture ID ready
- Have insurance card or insurance information ready
- Have a paper and pen to write down any instructions or detailed information (i.e., “call back at noon”)
- Have detailed information available about current medications, current treatment providers, last time used and how much or what, court information, etc.
- Have a friend/relative with you to coordinate transportation

## **Other TIPS that might make treatment helpful:**

- Encourage the person entering the treatment process to sign a “Release of Information” waiver for a family or support member
- Inquire how the program will work including, rules, regulations, policies, procedures, and finances
- Inquire about the available Mental Health Services and supports that are available for aftercare
- Utilize the staff for advice and information regarding other information that is vital to your situation

# **FREQUENTLY ASKED QUESTIONS**

## ***What if there is a co-occurring mental health problem?***

If a client has a psychiatric disorder which needs to be stabilized and/or managed to be able to treat the substance addiction they will have to be referred to a psychiatric facility or be assessed in an Emergency Room. Some examples of these disorders of symptoms are:

- Major Depressive Disorder
- Schizophrenia
- Bipolar Disorder
- Anxiety Disorders
- Symptoms such as psychosis (hallucinations or delusions) mania, acute depression, suicidal or homicidal behaviors

## ***How long does a Section-35 commitment last?***

The length of the civil commitment will vary with the severity of the client's addiction and the client's response to treatment. The commitment cannot exceed 30 days.

## ***How do I handle the Insurance information?***

- It is important to check with your insurance carrier to find out what Mental Health/Behavioral/Substance Abuse services that are covered. He or she may also assist in locating treatment placements. (Check the back of your insurance card for the phone number to call.)

- Some facilities will offer free care beds-this is a question you will need to ask when calling for information.
- Sign up for Mass Health if possible: Applications can be completed online, at a Clinic or Hospital or through Mass Health Member Services by calling 1-800-841-2900 (In order to complete application, you will need proof of income.)

### ***How do I find a Referral?***

#### **For referrals or assistance with screenings for treatment resource avenues:**

##### **PROJECT ASSERT (St. Anne's Hospital, Fall River)**

- 508-674-5600 x5514

Health Promotion Advocates will provide assistance:

- Information/Education on drugs and alcohol
- Referral to substance abuse treatment
- Tobacco/Smoking cessation information
- Community resources and referrals
- Follow up services

##### **1-800-ALCOHOL (A service of AdCare Hospital)**

- National Hotline

##### **PROJECT NEW BEGINNINGS, A Division of People Inc., (Servicing the homeless in Fall River)**

- 1-774-810-6716

## **ADOLESCENT DETOX FACILITIES**

Facility Name	Town	Phone	Age Limit
Arbour Fuller Hospital	South Attleboro	800-652-5222	13-18
Bournewood Hospital	Brookline	800-468-4358	18
Caritas Norcap Lodge	Foxboro	508-543-1873	
SSTAR	Fall River	508-679-5222	
Westwood Lodge	Westwood	781-762-7764	18
The Castle	Brockton	508-638-6000	13-17
Community Health Link	Worcester	508-860-1244	12-18

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## **ADOLESCENT RESIDENTIAL FACILITIES**

Facility Name	Location	Phone	Age/Gender
Brattleboro Retreat	Brattleboro, VT	800-738-7328	17 M/F
High Point Treatment	Plymouth	508-224-7701	18 M
Miller House; Gosnold	Falmouth	800-444-1554	17 M/F
Road Back	Attleboro	508-222-5817	M/F
Corkery House			
Boys Program	Wyoming, RI	401-722-4644	M
Caritas House	Pawtucket, RI	401-722-4644	
Catholic Charities	Brockton, MA	508-587-0815	
Com Care (dual diag.)	Fall River	508-674-1616	
Emerson House	W. Falmouth, MA	508-540-1554	F
Key Program	New Bedford		
	Fall River	508-675-0686	
Lutheran Social Services	Brockton		
	Natick, MA	508-588-2978	M/F

## ADOLESCENT COUNSELING

Service Name	Location	Phone	Age
Center for Family Therapy	Mashpee, MA	508-539-0221	
Center Point Counseling	Harwich, MA	508-432-8401	
Child & Family Services	New Bedford, MA	508-996-8572	
Clinical Psychology	Centerville, MA		
Com Care	Fall River, MA	508-674-1616	
Community Counseling	Taunton, MA	508-823-5400	
Community Counseling	Rehoboth, MA	508-823-5400	
Fall River Family Services	Fall River, MA	508-678-7542	
Foxboro Human Services	Foxboro, MA	508-543-7336	
Greater Taunton Alcoholism	Taunton, MA	508-822-1212	16+
Northeast Counseling	Taunton, MA	508-824-2293	
Orleans Psychiatric	Orleans, MA	508-255-4293	
Provincetown Mental Health	Provincetown, MA	508-487-7080	
Psychiatric Associates	Mattapoisett, MA	508-758-3754	
Raynham Associates	Raynham, MA	508-747-2718	
Recovery Resources	Nantucket, MA	508-325-4894	
South Bay Mental Health	Fall River, MA	508-580-4691	
South Shore Counseling	Plymouth, MA	508-746-6707	
St. Luke's Outpatient	N. Dartmouth, MA	508-994-4415	
Southeast Counseling	New Bedford, MA	508-998-1115	
Taunton Area Counseling	Taunton, MA	508-822-2485	
Turning Point	Newburyport, MA	978-465-8800	

## **ADULT DETOX FACILITIES**

Bridge to Recovery	Boston	617-471-9600	24 hrs
Brattleboro Retreat	Brattleboro,VT	800-RETREAT	24 hrs
Veterans Administration Hospital	Brockton	508-583-4500	24 hrs
Bournewood Hospital	Brookline	800-468-4358	24 hrs
Danvers Detox (CAB)	Danvers	800-323-2224	24 hrs
Phoenix House Detox	Exeter, RI	401-295-0960	24 hrs
SSTAR Detox Program	Fall River	508-324-7763	24 hrs
Gosnold Treatment Center	Falmouth	800-444-1554	24 hrs
Caritas Norcap Lodge	Foxboro	508-543-1873	24 hrs
NORCAP Detox Program	Foxboro	800-331-2900	24 hrs
SSTAR Detox Program	Kingston, RI	800-747-6237	24 hrs
High Point Treatment Center	Plymouth	800-233-4478	24 hrs
Roger Williams Hospital	Providence, RI	401-444-4300	24 hrs
Butler Hospital	Providence, RI	401-455-6220	24 hrs
Veterans Administration Hospital	Providence, RI	401-457-3393	24 hrs
Arbour Hospital	South Attleboro	508-761-8500	24 hrs
Westwood Lodge Hospital	Westwood	781-762-7764	24 hrs
AdCare Hospital	Worcester	800-345-3552	24 hrs
Community Healthlink	Worcester	508-860-1200	24 hrs

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## **ADULT RESIDENTIAL FACILITIES**

Anchor House	Plymouth	508-746-6614	M
Channing House	Worcester	508-755-8088	M
Edwina Martin House	Brockton	508-583-0493	F/C
Harmony House	New Bedford	508-992-8948	M
High Point	Plymouth	508-224-7701	M/F
North Cottage Program	Norton	508-285-9838	M
Reflections	New Bedford	508-9917487	
South Shore Recovery Home	Quincy	617-773-7023	M
Steppingstone, Inc	Fall River	508-984-1880	M/F
Wrap House-High Point	New Bedford	508-997-7175	F

## **ADULT OUTPATIENT COUNSELING**

South Bay Mental Health	Attleboro	
Community Care Services	Attleboro	508-222-7525
Family Counseling Center	Barnstable	508-775-0275
South Bay Mental Health	Brockton	508-580-4691
Catholic Charities OP	Brockton	508-587-0815
AdCare Hospital OP	Dartmouth	508-999-1102
Family Service Association	Fall River	508-678-7542
PYCO	Fall River	508-679—962
SSTAR	Fall River	508-679-5222
Steppingstone OP	Fall River	508-674-2788
Gosnold Counseling Center	Falmouth	508-548-7118
Cape Cod Human Services	Hyannis	508-790-3375
Gosnold Counseling Center	Hyannis	800-444-1554
North River Counseling	Marshfield	781-834-7433
Nantucket Behavioral Health	Nantucket	508-228-2689
Center for Health & Human Ser	New Bedford	508-990-8345
Center for Health & Human Ser	New Bedford	508-996-8501
High Point Treatment Center	New Bedford	508-997-0475
High Point Treatment Center	New Bedford	508-992-1500
South Bay Mental Health	Plymouth	508-830-0000
High Point Treatment Center	Plymouth	508-830-1234
Bay State Community Ser	Plymouth	508-830-3444
Gosnold Counseling Center	Pocasset	800-444-1554
Comm Counseling of Bristol	Rehobeth	508-252-3383
Comm Counseling of Bristol	Taunton	508-823-5400
Community Care Services	Taunton	508-222-7525
High Point Treatment Center	Taunton	508-823-5291
Matha's Vineyard Comm Ser	Matha's Vineyard	508-693-7900
South Bay Mental Health	Yarmouth	508-760-1475

## **ALTERNATIVE TREATMENTS (SUBOXONE / METHADONE)**

SSTAR Family Health Center	Fall River	508-679-5222
Habit Op-Co	Fall River	508-676-1307
High Point Treatment Center	Taunton	508-823-5291
High Point Treatment Center	New Bedford	508-997-0475
Communty Substance Abuse Treatment Center/HPTC	New Bedford	508-979-1122

**\*For a detailed list of Suboxone providers, please refer to  
[www.Suboxone.com](http://www.Suboxone.com) or  
the physician locator at [www.naabt.org](http://www.naabt.org)**

CSAC/High Point	New Bedford	508-999-3126
Habit Op-Co	Fall River	508-235-5010
Habit Op-Co	Brockton	508-586-6300
Lifeline/St. Anne's Hospital	Fall River	508-674-5600 x2216
Habit Op-Co	Wareham	508-295-7990
Habit Op-Co	Yarmouth	508-398-5155

## **RHODE ISLAND MENTAL HEALTH SERVICES**

Newport County Mental Health Center	Middletown	401-846-1213
Kent County Mental Health Center	Warwick	401-738-4300
The Providence Center	Providence	401-276-4020
East Bay Center	Barrington	401-246-1195
Northern Rhode Island Mental Health Services	Woonsocket	401-765-3700
(Gateway Healthcare)	Johnston	401-553-1000
Community Counseling Center (Gateway Healthcare)	Pawtucket	401-724-8400

## **MASSACHUSETTS MENTAL HEALTH SERVICES**

Mass Mental Health Center	Jamaica Plain	617-626-9300
State Mental Health Agency - questions for referrals	Boston	800-221-0053
Child and Family Services	Fall River	508-676-5708
Corrigan Mental Health Center	Fall River	508-235-7200
Family Services Association, Inc	Fall River	508-678-7542
May Institute, Behavioral Health Service	Fall River	508-675-5888
South Bay Mental Health Center	Fall River	508-324-1060
Child and Family Services	New Bedford	508-996-8572
May Institute, Behavioral Health Service	New Bedford	800-778-7601
Seven Hills Behavioral Health	New Bedford	508-995-0516
The Professional Counseling Center	New Bedford	508-824-6064
Community Care Services, Inc	Taunton	508-990-0972
Community Care Services, Inc	Attleboro	508-222-7525
Community Counseling of Bristol County	Taunton	508-828-9116
Taunton State Hospital	Taunton	508-977-3000
Justice Resource Institute	Swansea	508-672-6560
Brockton Multi-Service Center	Taunton/Att	508-285-9400
Gosnold-Thorne Outpatient Center	North Dartmouth	800-444-1544

# HOT LINES

Emergency Medical Services .....	911 for EMS for state
Helpline for MDPH, BSAS .....	800-327-5050
Medicaid/Mass Health .....	800-682-1062 / 800-841-2900
Ask-A-Nurse .....	800-544-2424
Poison Hotline .....	800-222-1222
Parental Stress Hotline .....	800-632-8188
Fall River Police Department .....	508-676-8511
New Bedford Police Department .....	508-979-5042
Taunton Police Department .....	508-824-7522
Swansea Police Department .....	508-674-6484
Seekonk Police Department .....	508-336-8123
Somerset Police Department .....	508-679-2138
St. Anne's Hospital .....	508-674-7451
Charlton Hospital .....	508-679-3131
St. Luke's Hospital .....	508-997-1515
Teen Help .....	800-673-0701
Families Anonymous .....	800-736-9805
Alcoholics Anonymous .....	617-426-9444
Narcotics Anonymous .....	866-624-3578
National Child Abuse Hotline .....	800-422-4453
MA HIV/AIDS Hotline .....	800-235-2331
Elder Abuse Hotline .....	800-922-2275
Alcoholism Info Counseling and Referral .....	508-992-7788 (New Bedford)
Dept. of Soc Services-Child At Risk .....	800-792-5200
Parental Stress Hotline .....	800-632-8188
Samaritans: 24 hr Suicide Holine .....	508-673-3777
Samaritans: Teen Suicide Hotline .....	800-252-8366
Mass.Subs. Abuse Info and Education .....	800-327-5050
National HOPELINE Network .....	800-784-2433
Mass State Police .....	508-820-2121
Alcohol and Drug Helpline .....	800-327-5050
Edler Abuse Hotline .....	800-922-2275
Mass Smokers Quit Line .....	800-TRY-TO-STOP

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This resource booklet and other city resources are available at:

[www.healthycitiesfallriver.org](http://www.healthycitiesfallriver.org)

[www.unitedneighborsoffallriver.org](http://www.unitedneighborsoffallriver.org)

[www.homelessconnections.org](http://www.homelessconnections.org)

[www.adcare.com](http://www.adcare.com)

[www.boldcoalition.org](http://www.boldcoalition.org)



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